



The **WORD**  
of the  
**Church of the Good Shepherd**  
**United Methodist**

Volume 55, No. 6

February 16, 2021

**The Church of the Good Shepherd**  
**United Methodist Church**

400 W. Duarte Road, Arcadia, CA 91007 - [www.cgsum.org](http://www.cgsum.org) 626-447-2181

Broadcast Live at 10:00 a.m. to Facebook/CGSUM and to CGSUM.ORG

Please join us for ONLINE Sunday Worship Services (church website or Facebook Group Page)

**Sunday, February 21, 2021**

**This Sunday in Worship**

***First Sunday in Lent***

***Drive Thru Communion in the Parking lot 11:30 am - 1:00 pm***

***Scripture: Deuteronomy 26:1-11 and Romans 10:8b-13***

**Sermon: Journey of the Heart: Anticipating, Pastor Eva Thai-Erwin, Preaching**

**Prelude and Postlude: "Albare" and "Dialogue"**

**Introit and Anthems: "Lord, Who Throughout These Forty Days", "A Celtic Kyrie"  
and Israel Segura solo**

**Congregational Hymns from the Red UM Hymnal: "Spirit of God, Descend Upon My Heart #500",  
"Breathe on Me, Breath of God #420", and "Come Christians Join to Sing #158"**

**Among the Church Family**

*New Baby:*

Congratulations to our former Associate Pastor **Joshua Clough and his wife Claire** on the birth of their daughter **Adalynn Grace** on February 12, 2021. She is in the NICU as she was early and tiny, but she seems feisty and has lots of support from the hospital staff. Please keep them all in your prayers.

**ASHES-TO-GO OFFERED**

**Ash Wednesday, February 17, 2021 - 10:00am-12:00pm and 4:00pm-6:00pm**



Please join us as we begin the season of Lent with our ashes-to-go drive thru any time between the hours of 10:00am-12:00pm and 4:00pm-6:00pm in our large west parking lot off Duarte Road. This year, due to safety reasons, everyone must stay in their cars and must wear a mask for the drive thru and ashes will be given on a piece of burlap with a safety pin to wear. The ash-marked square is the symbol of the mark usually borne by each person on this date, but the square can last longer and become a symbol for the whole Lenten season. Over time, the ashes will fade from the square and the burlap will remain, a symbol of renewal and forgiveness.

**DRIVE THRU COMMUNION OFFERED**

**Sunday, February 21, 2021 - 11:30am-1:00pm**



Following Worship on Sunday, February 21, we will offer a Drive Thru Communion.

- Please enter the large west parking lot off Duarte and follow signs to Stations 1-3.
- Remain in your car at all times.
- You may open your window (if you choose) when you stop at each station, but **MUST WEAR A MASK** and your car must remain six feet away from each greeter at the Stations.
- At the last Station - Pastor Eva will give you a Communion Blessing and Benediction.

## "Hey Youth!"

What's your love language? Take a quick break from online school and join ZZZP with SSP for fun, arts and crafts on Thursday, February 25 at 3:00 p.m. (Pacific Time). This special Sierra Service Project program is for youth and their families, and is led by CGS UMYF President Tyler Ross and youth from across California! The monthly gatherings are open to entire households. Register for free at [sierraserviceproject.org](http://sierraserviceproject.org) -> zzzp with ssp."

## Celebrating 75 Years of Christian Ministry and Mission

### Through the Years

#### Our Needlepoint Kneeling Cushions

Early in 1990, Shirley Francis spoke to Pastor Frank Finkbinder about making kneeling cushions similar to those she had seen at the National Cathedral in Washington, D.C., for our Chapel. The pastor heartily approved the idea, as did the Board of Trustees when it was presented to them.

Shirley, together with Doris Belew, started working on the cushions, which they considered suitable memorials to both Doris's son Terry Martin, and Shirley's mother, Anna Webb Zechner. They began choosing designs and recruiting needlepointers for the project. The women met monthly at Shirley's home, reinforcing their devotion to the painstaking and time-consuming task of needlepointing. Along with Shirley and Doris, the stitchers were June Fee, Laura Derrick, Vera MacDonald, and Connie Vaughan. Elsie Hetherington created the art work, and her husband Ernie took photos of the cushions.

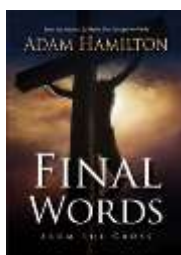
A recently widowed member of the church, Evelyn Johnson, pledged to fund entirely Phase 1, the Chapel Kneelers, in memory of her late husband Bert. This allowed other donations to be used for Phase 2, the Sanctuary Kneelers. It was a costly undertaking.

Eight kneeling cushions were stitched for the communion rail, and two for weddings and baptisms. The designs were worked in Persian wool on single mesh canvas, 12 basket weave stitches to an inch, with approximately 80,640 stitches in each cushion. Five inches deep, the kneelers have grape leaves and vines stitched long the edges.

Each cushion has an individual design with relevant symbology on a white background. "Three Crosses on a Hill" symbolizes the crosses on Calvary; "Cross Crosslet" is a symbol of spreading the Gospel to the earth's four corners; "Alpha and Omega" symbolizes the eternity of the Savior; "IHC in a Circle" represents the first three letters of Jesus' name in Greek; "Chi Rho", the first two Greek letters in the word for Christ, overlapped to form a cross; "The Keys of the Kingdom" represents the entrance to heaven; "Chalice" symbolizes the cup at the Last Supper; "The Open Bible" represents a verse from Isaiah 34:16, "Seek ye out the book of the Lord, and read." The wedding kneeler features two "Doves" and symbolizes the two natures of Christ, human and divine. The kneeler for baptisms, "Shell with Drops of Water", is a symbol of the Lord's baptism.

After many months, Phase 1 of the Needlepoint Kneeling Cushions was complete! It was time for a dedication ceremony, which was held in 1991. Knight Raymond, on behalf of the Board of Trustees and all members of the congregation, accepted "this labor of love" for the Chapel.

On, then, to Phase 2, as we learn about the Sanctuary Kneelers and re-visit the National Cathedral that was the genesis of Shirley Francis's idea for the kneelers at Church of the Good Shepherd.



### ***CGS 2021 LENTEN BOOK STUDY*** ***FINAL WORDS FROM THE CROSS***

by Pastor Adam Hamilton

UMC of the Resurrection, Leawood, Kansas

Via Zoom, discussions will be 7 MONDAYS

February 22 through April 5, 2021, 7-8 pm

led by Diane & Craig Lucas

Each chapter begins with the biblical account of Jesus's last statements followed by a first-person story as might have been told from the viewpoint of one of the characters at the cross. Then the chapter explores the meaning of Jesus' dying words for our lives today. Join us and invite a friend to discuss how these powerful and meaningful statements have much to teach us about Jesus, his Father, and ourselves. The book is available from Cokesbury and Amazon. To reserve and attend, contact Diane Lucas [dllucasarc@gmail.com](mailto:dllucasarc@gmail.com).

## CGS Family Promise January, 2021 Hosting

These generous donors (with more donations being received) contributed over \$3,000, which was used for our CGS January, 2021 Family Promise (FP) virtual hosting for our 2 guest families—a mother & father with a young son & a single mother with 5 children.

The virtual hosting included 1 week's motel accommodations and food gift cards used for dinners, breakfasts, and lunches for the week January 24-31, 2021.

In addition to the monetary donations, SARAH VEERARAJ, daughter of CGS members Kezia Andrews & Augustine Veeraraj, knitted scarves & hats for our guest families. Also included in the gifts were face shields & hand sanitizer. Since Sarah & her family are among our reliable FP hosts when we have guests at church, Sarah was happy to help our FP guest families with her gifts. Sarah, who is in the 5<sup>th</sup> grade & is involved in CGS programs, said she learned to knit since her activities were limited due to the pandemic.

Although we could not physically be with our guest families, Melissa Odotei, Family Promise Director, said the families greatly appreciated the kindnesses CGS provided them. Not having to worry about safe shelter and meals, allowed our guest families to continue working towards getting back on their own.

The generous donations not only paid for this virtual hosting, but the balance will be deposited into our CGS FP restricted account for future hosting needs.

Church of the Good Shepherd continues to support our Family Promise Ministry through our love, our faith, our respect, and our kindness for our neighbors who are in need. Grateful thanks and blessings to all who continue being part of our virtual hosting and support for Family Promise!

*-Diane Lucas, CGS FP Coordinator*



## The 2021 Flower Chart

Sign up for altar flowers by calling the church office, 626-447-2181, to give flowers “in honor of” or “in memory of” loved ones (or in celebration of an anniversary, birthday, special event or accomplishment). The cost of the flowers is \$45 (payable to “Church of the Good Shepherd”). Please mail the check to the church and write “Altar Flowers” on the memo line. Or you may pay for flowers online through the church website. The church office will place your order with ZuZu’s Petals of Arcadia and have the personalized message announced in church by Pastor Eva on the appropriate Sunday. After the 10:00 a.m. Worship Service that Sunday, you may stop by the church to take your flowers home with you or let us know and we will have them in the church office on Monday morning after 9:00 a.m. Thank you for helping to beautify our worship center.



## 2021 Memorial/Veteran’s Day Flowers

It has become a tradition at our church to have special Chancel Flowers on Memorial Day and Veterans’ Day in honor of all those who have served or are currently serving in our country’s armed forces. We would like to honor your service, or the service of a loved one, by adding your name, rank and the branch in which you served to our list. We invite you to give a donation to the flower fund to keep this tradition going. Checks should be made payable to “Church of the Good Shepherd” and turned into the office with “Veterans’ Flowers” on the memo line of the check. Suggested annual donation of \$20 covers both holidays. Those making a donation will be shown with an asterisk, but all who have served or are currently serving will be listed.

## The Season of Lent Has Begun!

Ash Wednesday marks the beginning of the Lenten season. There is something powerful about a season that starts in the middle of the week. It suggests that the Lenten journey is a high calling, not for the faint of heart, not for the casual observer. It is a journey that you experience as both an individual and also with the church community. The church is offering many activities for Lent- starting with Ashes to Go (Feb. 17), Drive Thru Communion (Feb. 21) and a Lenten Book Study via Zoom on Mondays (see article). More details will be provided in next week's newsletter about other events that are being planned: Wednesday Morning Devotion Times, Friday Devotion Videos, Drive Thru Easter Event, and Zoom Fellowship Socials!



## Los Angeles County **COVID-19 VACCINE: After you get a vaccine**

### Common Side-effects

- You may get vaccine side-effects in the first 2 days after getting the vaccine. Common side effects include a sore or red arm, fever, chills, and muscle aches, headache, and feeling tired.
- These are normal and show that your body is learning to build up immunity. Having these types of side effects soon after vaccination does NOT mean that you have COVID-19.
- Vaccine side effects are more common after the second dose and in younger people. They usually do not last long, and you should feel better within a day or two.
- It is important to get the second dose even if you get side effects after the first dose unless a vaccination provider or your doctor tells you not to.
- Contact your doctor if you have questions, your symptoms last more than 2 days, start more than 2 days after you got the vaccine, or they get worse or worry you.

### Tips to help with symptoms

- Apply a clean, cool, wet washcloth to reduce pain and discomfort in your arm. It may also help to use or exercise your arm. To reduce discomfort from fever, drink plenty of fluids and dress lightly.
- Over-the counter medicines like acetaminophen (Tylenol®) or ibuprofen (Motrin® or Advil®) can help with pain, fever, headache, or discomfort. **Do not take these medicines before getting the vaccine.**

### Allergic Reactions

As with any medicine, it is rare but possible to have a serious reaction, such as not being able to breathe. It is very unlikely that this will happen. If it does, call 911 or go to the nearest emergency room.

### Symptoms of COVID-19

**You cannot get COVID-19 from the vaccine.** But there is still a risk of getting infected with the COVID-19 virus before and after starting your vaccine series. Talk to a doctor and get tested for COVID-19 if you get any of these symptoms: cough, shortness of breath, runny nose, sore throat, loss of taste or smell. You should stay home and stay away from others until you get the result of your test or until your doctor tells you that you don't have COVID-19.

### Continue to protect yourself against COVID-19

It is important to continue to protect yourself even after you have had 2 doses of vaccine. Precautions include wearing a face covering, avoiding close contact with people who are sick, avoiding crowds and poorly ventilated spaces and staying at least 6 feet away from others. Continue to wash your hands often. Stopping this pandemic is going to take all our tools.

If you get COVID-19 after you have been vaccinated, you still need to isolate. If you have been in close contact with someone with COVID-19 after you have been vaccinated, you still need to quarantine.

### Sign up for v-safe, the CDC health checker

If you have a smart phone, please sign up at [vsafecdc.gov](https://vsafecdc.gov) to tell CDC about any side effects.

**For more information**, scan the code or visit [VaccinateLACounty.com](https://www.VaccinateLACounty.com).



Los Angeles County Department of Public Health

[www.VaccinateLACounty.com](https://www.VaccinateLACounty.com)

2/2/21 After you get a Vaccine



**POSTMASTER: Send address changes to  
THE WORD, Church of the Good Shepherd  
400 W. Duarte Road, Arcadia, CA 91007**

**Periodical Postage Paid  
at Arcadia, California  
USPS 592-700**

**The WORD  
(USPS 592-700)**

Published weekly except the last week of  
December and the first week of January by

**Church of the Good Shepherd**

**United Methodist**

400 W. Duarte Road, Arcadia, CA 91007

(626) 447-2181

**[www.cgsum.org](http://www.cgsum.org)**

Ministers: Members of the Congregation

Resident Bishop: Bishop Grant J. Hagiya

District Superintendent: Melissa Roux MacKinnon

Pastor: Eva Thai-Erwin

Director of Youth and Young Adult Ministry: Franklyn Shen

Director of Music Ministry: Stephen Cook

Director of the Good Shepherd Children's Center: Linda Brown



*open hearts,  
open minds,  
open doors*

**Sunday Service Is Broadcast Live at 10:00 am to  
Facebook/CGSUM and to CGSUM.ORG**

**On Tuesday, February 23, the Children's Center is having a fundraiser dine-out event at the Temple City (Baldwin and Las Tunas) El Pollo Loco.**



**Walking Group**

Our walking group meets weekly on Tuesdays at 8 am. Everyone is welcome! Bring and wear a mask and plan to social distance. For more information call walk leader, Catherine Doster, 626-365-6447 or email her at [catherine.doster@yahoo.com](mailto:catherine.doster@yahoo.com)

**CGS Foundation Grants**

The CGS Foundation Year-Round Grant Program is open for 2021 grant requests. Grants must foster spiritual growth or facilitate membership growth of Church of the Good Shepherd UMC, Arcadia. All grant applications must be submitted online only using the Foundation Online Grant Form - click the link below. Online grant application assistance will be provided when requested.

**[Year-Round Grant Application](#)**